

# Ephesians 4

- 4:1-16 Exhortation to Unity
- ✓ :1-3 Walk Worthy of the Calling
- ✓ :4-6 Oneness of the Church and of God
- :7 Diversity of Gifts
- :8-10 Christ Descended and Ascended
- :11-16 The Gifts and Their Purpose
  
- 4:17-32 Exhortation to Holiness

# Ephesians 4:7

But to each one of us  
grace was given  
according to the measure  
of Christ's gift.

# Ephesians 4:8

Therefore He says:  
"When He ascended on high,  
He led captivity captive,  
And gave gifts to men."

Psalm 68:18

# Ephesians 4:9



Now this, "He **ascended**"  —

what does it mean

but that He also first **descended** 

into the **lower parts of the earth**?

# Ephesians 4:10

He who descended   
is also the One who ascended   
far above all the heavens,  
that He might fill all things.